

Dementia - friendly Alton - Oct-Dec '15



The 21st Annual Alzheimer Afternoon organised by the Dando family was once more a great success. Over £500 was raised which will be split between Alzheimers Research and local initiatives. Terry Eccott, Dementia Ambassador and Chair of Dementia-friendly Alton said, "It is amazing the amount of effort Kate and her family have put in over the years, such dedication is a rare thing to see, and the amount they have raised in 21 years is outstanding!"

More information on new website @ dementia-friendly-alton.org.uk

Dementia-friendly Alton has a real impact locally

When local resident (Mrs H) came across Dementia-friendly Alton's website and made contact with Champion, Karen Murrell, she was surprised how many services / clubs were available right 'on her doorstep', to help her organise activities and support for her and her mother, who had recently been diagnosed with dementia. We were so pleased that we had made a real difference - and so the work continues!

To contact the local Dementia Champions - see details at side

To join the Dementia-friendly Alton initiative or share relevant news please contact the Dementia Champions on 07922 022321 or email dementia_friends@btinternet.com

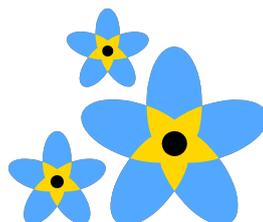


'Sensational Seventies Night' raising funds

Saturday 12th September saw the seventies returned to the Malting's Alton as Terry Eccott played hits from that golden decade of music. All who attended had a great evening, dancing for over 4 hours, as Terry hosted his final event as Chair of Dementia-friendly Alton. A raffle and auction of a signed book by Robbie Williams was also held and all together £535 pound was raised on the night, which will be used to support printing of newsletter and fund singing workshops for those with dementia.

**Dementia
Friendly
Hampshire**

**Newsletter
Number 6**



Working to become
**Dementia
Friendly**
2014-2015

Dates for your diary

Dementia Friends Information Session with Damian Hinds

Friday 9th October '15

Time: 1800 - 1900

Venue: Alton Community
Centre

Log onto national
dementia friends
website to book your
place

Follow the Dementia
Friendly Activity in your
local community on
Twitter - @DFAlton



Next **Action Group for
HDAA members** will be
held in January 2016 -
venue and exact time to
be announced nearer
time / please check
website.

October

1

Carers Hub - 10 am - 4 pm
St. Mary's R C Church, Alton
Contact Georgina or Claire
(see below) for more info

6, 13, 20, 27

'Pop in Club'
15.30 - 18.30 at Alton Station
Cafe - see below for more
details

7

Alton Rendezvous
10am - 1230pm
Assembly Rooms, Alton
See below for more details

12

Singing at Alton Community
Centre - 1.30 - 2.45 pm
See below for more details

21

Dementia Carer Support
2 - 3.30 pm
Brendoncare, Alton
See below for more details

November

3, 10, 17, 24

'Pop in Club'
15.30 - 18.30 at Alton Station
Cafe - see below for more
details

5

Carers Hub - 10 am - 4 pm
St. Mary's R C Church, Alton
Contact Georgina or Claire
(see below) for more info

9

Singing at Alton Community
Centre - 1.30 - 2.45pm
See below for more details

11

Dementia Carer Support
2 - 3.30 pm
Brendoncare, Alton
See below for more details

18

Dementia Carer Support
2 - 3.30 pm
Brendoncare, Alton
See below for more details

December

1,8,15,22,29

'Pop in Club'
15.30 - 18.30 at Alton Station
Cafe - see below for more
details

3

Carers Hub - 10 am - 4 pm
St. Mary's R C Church, Alton
Contact Georgina or Claire
(see below) for more info

9

Alton Rendezvous
10am - 1230pm
Assembly Rooms, Alton
See below for more details

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Singing at Alton Community
Centre - 1.30 - 2.45pm
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16

Dementia Carer Support
2 - 3.30 pm
Brendoncare, Alton
See below for more details

Dementia Advice Service - For people with dementia, their carers, family and friends. Home visits or local meetings can be booked with Sarah Gardner on Mon / Tues / Thurs each week. Contact Sarah - dementiaadvicebasingstoke@andovermind.org.uk or on 07827 317650 or 01256 423829

Station Cafe 'Pop in' Club - Every Tuesday from 3.30 - 6.30 pm for more mature members of the community. Come along and enjoy a cuppa and some home made cake!

Enjoy Singing - Come and sing at the day care centre at Alton Community Centre. Second Monday of each month - costs £2.50 per person (includes tea/coffee), from 1.30pm and singing from 1.45pm to 2.45pm. Booking is essential, so please call the ACA office on 01420 85057 to reserve your place.

Carer's Hub - For carers and cared for. Held on first Thursday of each month from 10 am - 4 pm at R C Church, Alton. Light lunch available for £1.50 or bring your own. Contact Georgina White 07824 150020 or Claire Skilton 07769 170246 for information.

Alzheimer's Society Carers Support - A support group at which a Dementia Support Worker can give advice and support to carers. Held at Brendoncare on 3rd Wednesday of each month at 2 pm. Contact Anne Luneburg for more information - on 01256 363393 / 07590 417362

Alton Rendezvous - A support group run by Carers Together for carers and the cared for. Held at the Assembly Rooms on 2nd Wednesday of each month from 10.00am - 12.30pm. Contact Carers Together for more information - on 01794 519495