**** Dementia-friendly Alton

 **Charity number 1202095**

**Forget-me-not Walk – Saturday 13th Sept 2025**

Help us celebrate Dementia-friendly Alton with our annual Forget-me-not Walk from 10.45 am along the Brewery Heritage Trail Choose your challenge: a short stroll (1 KM) along the new Brewery Heritage Trail or a more challenging walk along the connection with the Wey Walk at King’s Pond (2 KM). Please complete the Registration form below and return to Alton Alton Assembly Rooms by 4pm on Friday 12th Sept 2025 or you can register online by completing the link on our website and facebook page. There will be an opportunity to regsiter for the walk on the day of the event if you prefer. Information will be held securely for use during the event and destroyed immediately after. Your Entrant Number will be allocated on arrival at the Start Gazebo on the day.

Entry cost – just £5.00 per family / group – with all proceeds going to Dementia-friendly Alton. Additional donations from getting your sponsored for your walk are very welcome

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| Forget-me-not Walk/Jog - Registration Form 2023 |
| Surname (PRINT) |  | Date of birth |
| First name |  |
| Address |  | Phone |  |
| Emergency Contact  | Name (PRINT) | Phone  |  |
| GP Name |  | Phone |  |
| Allergies / Medical Info |  |  |  |
| Is walk being sponsored YES/NO | £5 paid  | cash/chq/card |
| Entrant Number (Allocated at the Start)  |  |
| Forget-me-not Walk/Jog - Registration Form 2023 |
| Surname (PRINT) |  | Date of birth |
| First name |  |
| Address |  | Phone |  |
| Emergency Contact  | Name (PRINT) | Phone  |  |
| GP Name |  | Phone |  |
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| A logo of two people  AI-generated content may be incorrect.Entrant Number (Allocated at the Start)  |  |